

**Faith Journey**

**Monday, 1-4-2010 – Read Proverbs 3:5**

My Observations \_\_\_\_\_

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A Question to Answer: Trust in the Lord with all my heart. It's a hard thing to do because that means that you have to put the control of your life under God. Some times it means that we will step out onto something that we can't see. Has there ever been a time when you trusted God like this? What happened?

**Tuesday, 1-5-2010 – Read Proverbs 3:5**

My Observations: \_\_\_\_\_

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A Question to Answer: "Lean not on my own understanding." Our view of this world is limited to what we can experience. We can only see as far as our eyes can see. God sees it all and has all knowledge. Sometimes the things that God allows to happen are out of our understanding. Does this mean that we aren't to use our understanding and knowledge? No, but how are we to keep this verse in our daily lives?

**Wednesday, 1-6-2010 – Read Proverbs 3:6**

My Observations: \_\_\_\_\_

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A Question to Answer: The word "acknowledge" in this verse can also be translated as "know him." I know of a lot of people. But there are only a few people that I truly know. I've spent time with them. We've had conversations about

important things. What are some things that you can do with your life to know God more?

**Thursday, 1-7-2010 – Read Philippians 4:6**

My Observations: \_\_\_\_\_

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A Question to Answer: "Do not be anxious about anything." For a lot of this is an impossible request. There are a million things to be anxious about. But the author of this letter, Paul, was writing this letter from prison. If anybody had something to be anxious about it would be him. What are some things you are anxious about right now?

**Friday, 1-8-2010 – Read Philippians 4:6**

My Observations: \_\_\_\_\_

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A Question to Answer: Don't be anxious but present your requests before God with thanksgiving. I get focused on the things I don't like going on in my life that I sometimes forget to remember all the gifts God has giving me. If I remember them, it usually makes my concerns a little less. What are some things you are thankful for right now?

**Saturday, 1-9-2010 – Read Philippians 4:7**

My Observations: \_\_\_\_\_

A Question to Answer: I love how this verse describes the peace of God. That it transcends all of our understanding. No matter how hard we try we can't comprehend it. The smartest people in the world can't fathom it. Is it hard for you to trust something that you can't understand? Why or why not?

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**Sunday, 1-10-2010 – Read **Philippians 4:8****

My Observations: \_\_\_\_\_

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A Question to Answer: This is a verse I quote to myself a lot, when I see my mind going on about something negative. It's good to put this verse into practice and try focusing your thoughts on things that are excellent and praiseworthy. How could this mindset help you (or how has it already helped you)?

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*My Faith Journal*, January 3, 2010

## ***The Plunge***

**What do I hear God saying to me today?**

**What action do I intend to take this week?**

*Each day this week, take a few minutes. Begin with PRAYER. Then READ through the Bible passage indicated on the inside of this guide. WRITE down your own thoughts, reactions, observations. ANSWER THE QUESTION to begin connecting the Bible with your life. Use additional paper or your own notebook if you need more space to write.*